HANDLE®

A different approach to learning and function HANDLE Introductory and Basics Courses, Levels 1 and 2 9am to 5pm, Jan. 30 and Feb. 6-7

Birchtree Charter School

7107 E. Palmer Wasilla Highway, Palmer, AK 99645

Is someone you know struggling with learning, attention, motor or behavior challenges?



Are you looking for new answers, deeper understanding and how you can help?

An approach that looks for and addresses the root cause of a problem and recognizes that children show us what they need.

--This course will forever change your strategies when approaching learning, social and behavioral challenges.

--You will learn eleven activities that enhance focus, reduce stress and support learning.

About the Instructor: Cathy Stingley has been teaching HANDLE for 20 years in many parts of the world. She is the senior HANDLE Instructor, American and European Regional Education Director and owner of Thoughtful Therapies in Homer, Alaska.

For more information and to register: <u>jessiehandle@yahoo.com</u> -- 907-235-6226 -- www.handle.org



"In her presentations Judith Bluestone¹ combines an insightful background in neurophysiology with practical activities for children and adults with a spectrum of learning and neurological challenges. HANDLE ingeniously addresses the underlying causes of these challenges. I fully support HANDLE's path to healing through gentle enhancement; it complements Waldorf special education in a wonderful way." Ingun Schneider, RPT, Director of Remedial Education, Rudolf Steiner College, Fair Oaks, CA

1 The late Judith Bluestone is the developer of HANDLE and founder of The HANDLE Institute