

# HANDLE<sup>®</sup> Introductory Course ( Level1)

April 29<sup>th</sup>, 2017 Moncton

## “Getting Beyond the Labels”

This course provides you with some basic insights into why perplexing behaviours can be a sign of disorganized functioning within body-brain systems. Let’s have a look inside the brain, find some root causes and learn some HANDLE activities that can immediately be applied at home, at work and in educational settings.

I try so very hard, but just can't

Sit still  
Stop chewing my pencils  
Concentrate  
Listen and look simultaneously  
Interact with others  
Stop fidgeting  
Make eye contact  
Pay attention  
Find my words  
Stop spinning and rocking  
Sleep  
Do some colouring  
...

### HANDLE

[www.handle.org](http://www.handle.org)

Gets beyond the labels

Is a holistic, non-drug approach

Assists the brain to create efficient pathways

Includes movement

Is non-judgmental

Honors Gentle Enhancement<sup>®</sup>

Nancy Ceulemans is one of only 2 HANDLE Practitioner-Instructors in Canada. She runs a private practice in Halifax where she designs support programs for individuals experiencing sensory-motor-processing and social-emotional difficulties. In affiliation with the HANDLE Institute, Nancy gives talks, teaches workshops and courses and works with clients in the Maritime Provinces and abroad.

**Where:** Lion’s Centre, 473 George Street, Moncton

**When:** April 29<sup>th</sup>, 2017

**Time:** 10 am-5 pm

For more info go to:

[www.uniquelearning.ca](http://www.uniquelearning.ca)

